


SARATOGA COUNTY OFFICE FOR THE AGING-June 2014
HOME DELIVERED MEALS 363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken BBQ Parsley Red Potatoes Prince Edward Vegetables Italian Bread Apricots	3 Meatball Sub Italian Green Beans Oven Brownd Potato wedges Tropical Fruit	4 Chef Salad w/Ham, Turkey, Cheese, Lettuce, Tomato 1000 Island Dressing Croutons Dinner Roll Fresh Melon Chunks	5 Pepper Steak Brown Rice Cauliflower Wheat Bread Mandarin Oranges	6 Mrs. Friday's Fish Cheesy Potatoes Broccoli Rye Bread Yogurt
9 Ham Steak w/Honey Mustard Sauce Sweet Potato Pieces Brussels Sprouts Rye Bread Pineapple	10 Oven Fried Chicken Confetti Rice Spinach Wheat Bread Peaches	11 BBQ Pork on a Wheat Roll Baked Beans Corn Applesauce	12 Spaghetti w/Meatballs Tossed Salad w/Italian Dressing Garlic Bread Tropical Fruit Parmesan Cheese	13 Father's Day Special Roast Beef w/Gravy Mashed Potatoes Green Peas Dinner Roll Frosted Brownie
16 Baked Fish w/Creamy Dill Sauce Wild Rice California Blend Vegetables Dinner Roll Fruit Cocktail	17 Open Face Hamburger w/Mushroom Gravy Oven Brownd Potato Wedges Beets Apricots	18 Stuffed Peppers Carrot Coins Warm Cornbread Fruited Gelatin	19 Turkey Sandwich on Wheat w/Mayonnaise Macaroni Salad Marinated Green Bean Salad Mandarin Oranges	20 Chicken Parmesan Pasta w/Sauce Broccoli Italian Bread Pears
23 Macaroni and Cheese Stewed Tomatoes Brussels Sprouts Rye Bread Yogurt	24 Chicken Cacciatore Rice Broccoli and Cauliflower Italian Bread Peaches	25 Birthday Special Roast Pork w/Gravy Mashed Potatoes Mixed Vegetables Dinner Roll Birthday Cake	26 Beef Pizzaiola Pasta w/Sauce Prince Edward Vegetables Italian Bread Tropical Fruit	27 Chicken Salad on Wheat Bread Carrot Raisin Salad Tossed Salad w/1000 Island Dressing Strawberries
30 Meatloaf w/Brown Gravy Mashed Potatoes Beets Rye Bread Mandarin Oranges			Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020	

Menu Subject To Change